

## Patient Health History

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Past Medical History:** (Please check all that apply)

Anemia	Fibromyalgia	Migraines
Anxiety	Hearing Loss	Mitral Valve Prolapse
Aortic Aneurism	Heart Disease	Pacemaker
Cancer	Hepatitis	Pulmonary Embolus
Chronic Pain	High Cholesterol	Prosthetic Heart Valves
Depression	HIV	Seizures
Diabetes	Hypertension	Stroke
Difficulty Walking	Lupus	Shortness of Breath
Fever Blisters/Cold Sores	Lymphedema	Thyroid Problem

**Females Only:**

How many pregnancies have you had? \_\_\_\_\_

What is the total number of births to date? \_\_\_\_\_

Are you currently pregnant or planning pregnancy in the near future?	YES	NO
Are you currently breast feeding?	YES	NO
Are you taking hormone therapy or replacement?	YES	NO
Are you using contraceptives to prevent pregnancy?	YES	NO
Are you post-menopausal?	YES	NO
During menstruation, are/were your symptoms of leg pain exacerbated?	YES	NO

**Surgical History:** (please include elective surgery)

(Procedure)	(Year)	(Doctor/Hospital)	(Complications?)
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Personal and Family Vein History:**

Please check all that apply.

	Myself (Patient)	Mother	Father	Sibling	Aunt/Uncle	Grandparent
Varicose Veins						
Spider Veins						
Stripping Procedures						
Deep Vein Blood Clots						
Superficial Blood Clots						
Stroke						
Leg Ulcers						
Clotting Disorder						
Bleeding Disorder						
Cosmetic Vein Treatments						
Medical Vein Procedures						

**Social History:**

Have you ever smoked on a regular basis?      **YES**    **NO**

Do you currently smoke?      **YES**    **NO**

If yes, how many cigarettes do you smoke daily? \_\_\_\_\_

How many years have you smoked? \_\_\_\_\_

Do you have an interest in smoking cessation?      **YES**    **NO**

Do you drink alcohol?      **YES**    **NO**

Average number of drinks per week? \_\_\_\_\_

**Inner Office Notes:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Allergies:** (Include both medication and environmental allergies)

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**Current Medications:** Include prescription and over-the-counter medications including vitamins and supplements.

(Medication Name)	(Dose)	(Reason You Are Taking?)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Do you take a daily aspirin or any other blood thinning medications?      **YES**    **NO**

What is your current    **HEIGHT**\_\_\_\_\_      **WEIGHT**\_\_\_\_\_

Are you currently trying to lose weight?      **YES**    **NO**

Have you had a weight gain or weight loss in the last 3 months?      **YES**    **NO**

If yes, how many pounds? \_\_\_\_\_

**The following questions relate to your leg health?** Circle all that apply or when appropriate the best response.

The symptoms that I experience affect my:

Left Leg	Right Leg	Both Legs
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I would describe my symptoms as the following:	Pain	Itching	Fatigue	Swelling	Burning	Heaviness	Bleeding			
	Aching	Cramping	Redness	Restless Legs	Spider Veins	Varicose Veins				
Severity of the Discomfort, I would rate:	(No Pain)					(Severe)				
	0	1	2	3	4	5	6	7	8	9

Symptoms affect these activities:	Sleep	Normal Daily Activities	Exercise	Work	House Work	Child Care
Symptoms are worsened by these activities:	Sitting	Standing	Night Time	Exercise	Walking	Pregnancy
Symptoms are somewhat improved with the following:	Premenstrual	Heat				
	Ice/Cool Packs	Leg Elevation	Weight Loss	Pain Medication	Heating Pad	
	Exercise	Soaking Legs	Compression Hose	Nothing		

**Have you ever had your veins evaluated before?**

**YES NO**

If yes, when and where? \_\_\_\_\_

**Do you wear support hose or compression stockings?**

**YES NO**

If yes, do they provide relief?

**YES NO**

Were they prescribed by a physician?

**YES NO**

**Is there any additional information you feel is helpful for us to know about your health or reason for visit?**

\_\_\_\_\_

\_\_\_\_\_

Inner Office Notes:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Do you have any interest in learning about other services? (Check all that apply)**

- |  |   |
|--|---|
| <input type="checkbox"/> Tattoo Removal                              | <input type="checkbox"/> Sun Spots  |
| <input type="checkbox"/> Treatment of Spider Veins on Legs           | <input type="checkbox"/> Treatment of Facial Veins                                  |
| <input type="checkbox"/> Improvement of Fine Lines & Wrinkles        | <input type="checkbox"/> Treatment of Facial Redness (Rosacea)                      |
| <input type="checkbox"/> Skincare                                    | <input type="checkbox"/> Botox, Xeomin, Dysport                                     |
| <input type="checkbox"/> Cosmetic Improvement in Appearance of Hands | <input type="checkbox"/> Injectable Fillers: Restylane, Perlane, Belotero, Radiesse |